

DIGNITY Health Factsheets Collection

No.	Topic
TORTURE METHODS	
1	Falanga
2	Music as Torture
3	Téléphono
4	Waterboarding
5	Deprivation of:
	- Water
6	- Food
7	- Sleep
8	- Senses (light/sound)
9	Acces to Hygiene
10	Electrical torture
11	Sexual torture
12	Mandatory genital exams
13	Dry asphyxiation
14	Positional torture
15	Positional torture
16	Unsystematic beatings
17	Psychological torture
	- Threats
	- Suspicion
	Humiliation
18	Cigarette burns Research initiated
USE-OF-FORCE METHODS	
19	Pepper spray
20	Electrical Discharged Weapons (EDW)
21	Physical restraint
22	Body searches
23	Teargas
DETENTION	
24	Solitary Confinement
25	Death Penalty
26	Minors in isolation
27	Overcrowding